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SAFER PATH PROJECT- Safer Social Professionals at Home

NEWSLETTER#2

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SAFERPATH PROJECT



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After the first transnational project meeting in Athens, the project partners organised focus groups to gather first-hand information on the situation of professionals caring for people with disabilities at home.

Focus groups with home care professionals and interviews with service users were conducted in Greece, Spain and Italy.



**Hello from the SaferPaTH Project Team!
We came together to launch this exciting initiative to help homecare workers!**

The project addresses health professionals specialised in people with disabilities' home caring.

The main goal of this proposal is to improve the skills of homecare workers caring for people with disabilities and to achieve their wellbeing in order to offer more efficient health and home care.



FOCUS GROUPS AND THE COMPARATIVE STUDY OF PARTNER COUNTRIES



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RESULTS OF THE COMPARATIVE STUDY ITALY, GREECE AND SPAIN



The main findings indicate that all three countries face common challenges in home care: increased workload and stress due to the COVID-19 pandemic, insufficient support and training for caregivers, and rigid service rules that sometimes hinder effective care.

Professionals across Greece, Spain, and Italy reported high job strain, whether from inflexible regulations (Italy), confrontations with family members (Spain), or job insecurity (Greece). Users in all countries generally have positive relationships with their caregivers and value the emotional support they receive, but they also observe that caregivers are overworked and under-supported, leading to fatigue and occasional lapses in service quality.



[CLICK HERE TO READ THE COMPARATIVE REPORT:](#)

The report identifies a comprehensive set of recommendations: country-specific proposals converge on the need to increase investment in home care (more funding for longer care hours and additional staff), improve working conditions for home care workers (higher salaries, stable contracts and benefits) and expand training and supervision (including disability-specific education and mental health support).

In conclusion, although Greece, Spain and Italy have different home care systems, they share common challenges in providing a quality service. We believe that by implementing the report's recommendations - from strengthening legal frameworks and funding to supporting the frontline workforce - each country can improve home care services, ultimately increasing the well-being of both carers and users across Europe.



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THE SECOND TRANSNATIONAL MEETING IN SEVILLE!



The second transnational meeting of the project took place in Seville, at the headquarters of COCEMFE Sevilla. One of the focal points of the meeting was the analysis of the comparative research activity, in which Action Synergy (Greece) summarised the final results and conclusions of the previously described study analysing home care systems in Italy, Spain and Greece.



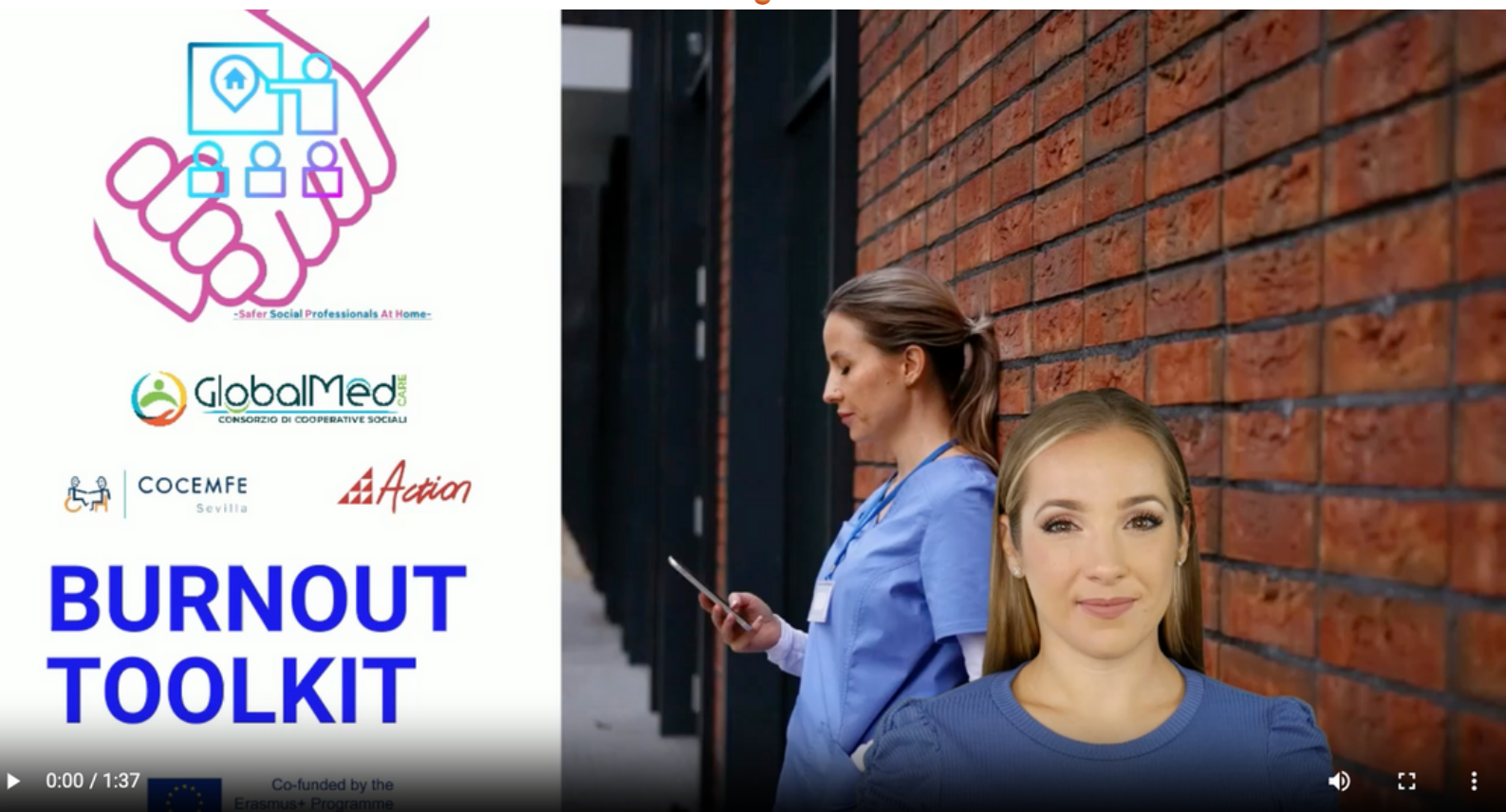
The second part of the meeting focused on the implementation of the TOOLKIT, i.e. the toolkit to combat job burnout affecting home care workers in Europe, the expected outcome of the SAFER PATH PROJECT - *Safer Social Professionals at Home*. The partners therefore agreed to test the material in the different national contexts and to start finalising its content.



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THE 'TEST' VERSION OF THE 'BURNOUT TOOLKIT'!

[CLICK ON THE VIDEO TO WATCH THE PRESENTATION!](#)



Finally, the project partners have developed a first version of the BURNOUT TOOLKIT! Pilot sessions are now being held in the 3 countries involved with groups of home care workers to modify and possibly supplement the “test” version of the TOOLKIT and to have the final version as complete and effective as possible!

  THE TOOLKIT WILL BE TOTALLY FREE OF CHARGE AND CAN BE DOWNLOADED ON ALL PROJECT AND PARTNER PLATFORMS AND EUROPEAN REFERENCE PLATFORMS!

  The BURNOUT TOOLKIT will be a digital handbook of good practices, recommendations and new skills to improve care standards and to improve the training of home care workers.



it will be available in the languages:    

ENGLISH 

ITALIAN 

SPANISH 

GREEK 



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>>> THE PARTNERSHIP:



FINAL EVENT in SCERNI (ITALY)! 🇮🇹

The project participants will meet again in October in Scerni (CH), ITALY, for the Final Project Event. It will be an open seminar where the project results will be presented and the final BURNOUT TOOLKIT will be showcased. A minimum of 15 people, including health workers, users and people with disabilities involved in the project and working in the Consortium organisations, are expected to attend. Key local stakeholders will also be invited to introduce them to the project and illustrate the potential of the digital handbook so they can take advantage of it!

>>> PROJECT PARTNERS

The partnership consists of 3 partners from 3 EU countries: Italy, Spain and Greece, representing the Mediterranean area of EU.
@Consortio Global Med Care @Cocemfe Sevilla

@Action Sinergy

The 3 partners address common needs and priorities in the field of disability, and they foster a change that could lead to a new approach to home-care for PWDs and could upskill and enhance their own workers.



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