

WHAT IS THE SAFER PATH PROJECT?

The project addresses health professionals specialised in people with disabilities' home caring.

The main goal of this proposal is to improve the skills of homecare workers caring for people with disabilities and to achieve their wellbeing in order to offer more efficient health and home care.

THE AIM OF THE PROJECT

The aim of the project is to create the 'BURNOUT TOOLKIT'.

🔧 The toolkit is a digital manual of best practices, recommendations and new skills to improve care standards and tools to increase the training of home care workers.

-Safer Social Professionals At Home-



SAFER PATH PROJECT - Safer social Professionals AT Home

An ERASMUS+ project that supports healthcare workers by promoting their wellbeing.

"The support you were looking for, just a click away. Not a heavy manual, but a clear and easy-to-use tool: the 'BURNOUT TOOLKIT' developed as part of the project is now available!

Download it here for free!



  



Co-funded by the Erasmus+ Programme of the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

-Safer Social Professionals At Home-



Erasmus+

SAFER PATH PROJECT- Safer Social Professionals at Home



Erasmus+ Programme - Azione KA2 Ambito VET
Project: 2023-2-IT01-KA210-VET-000180589



This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



@SAFERPATHPROJECT

<https://www.consorziogmc.eu/progetto-erasmus-safer-path/>

WHAT IS BURNOUT TOOLKIT?

The Burnout Toolkit is a practical manual that brings together useful tools, exercises and guidelines for recognising, preventing and dealing with burnout, i.e. the condition of severe stress, fatigue and loss of motivation that can affect professionals in the social and healthcare sector.

WHO IS IT FOR?

ANYONE WORKING IN THE SOCIAL AND HEALTHCARE SECTOR: healthcare assistants, nurses, carers and home helpers in general, both in the social and healthcare fields.

50%

OF HOME HEALTH CARE WORKERS

In Europe, shows typical symptoms of burnout.

Download it here for free!

[Click here](#)

or Scan here



WHO SHOULD PROMOTE THE BURNOUT TOOLKIT?

ANYONE WHO WORKS OR HAS RESPONSIBILITIES IN THE SOCIAL AND HEALTHCARE SECTOR: social cooperatives, local authorities and contracting authorities for social and healthcare services, management and administration centres for care facilities, third sector organisations, training institutes and professional associations, associations and networks that support professionals in the social and healthcare sector.

AVAILABLE IN FOUR LANGUAGES

ENGLISH
ITALIAN
SPANISH
GREEK

