WHAT IS THE SAFER PATH PROJECT?

The project addresses health professionals specialised in people with disabilities' home caring.

The main goal of this proposal is to improve the skills of homecare workers caring for people with disabilities and to achieve their wellbeing in order to offer more efficient health and home care.

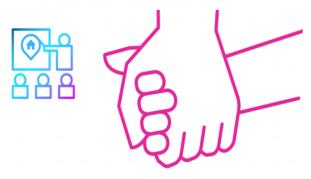
THE AIM OF THE PROJECT

The aim of the project is to create the 'BURNOUT TOOLKIT'.

The toolkit is a digital manual of best practices, recommendations and new skills to improve care standards and tools to increase the training of home care workers.



-Safer Social Professionals At Home-





SAFER PATH PROJECT-Safer Social Professionals at Home



Erasmus+ Programme - Azione KA2 Ambito VET Project: 2023-2-IT01-KA210-VET-000180589



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WHAT IS BURNOUT TOOLKIT?

The Burnout Toolkit is a practical manual that brings together useful tools, exercises and guidelines for recognising, preventing and dealing with burnout, i.e. the condition of severe stress, fatigue and loss of motivation that can affect professionals in the social and healthcare sector.

WHO IS IT FOR?

ANYONE WORKING IN THE SOCIAL AND HEALTHCARE SECTOR: healthcare assistants, nurses, carers and home helpers in general, both in the social and healthcare fields.

50%

OF HOME HEALTH CARE WORKERS

In Europe, shows typical symptoms of burnout.

Download it here for free!

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WHO SHOULD PROMOTE THE BURNOUT TOOLKIT?

ANYONE WHO WORKS OR HAS
RESPONSIBILITIES IN THE SOCIAL AND
HEALTHCARE SECTOR: social cooperatives,
local authorities and contracting authorities
for social and healthcare services,
management and administration centres for
care facilities, third sector organisations,
training institutes and professional
associations, associations and networks that
support professionals in the social and
healthcare sector.

AVAILABLE IN FOUR LANGUAGES

